

# Activities in June

## 1 THURS

Debbie on annual Leave

10:30 Songbird choir in the isle lounge (M)

14:30 Net Ball (primrose)

14:30 Ten pin bowling in the coffee lounge(M)

## 2 FRI

Debbie on annual Leave

10:30 early bird walking club

11:00 Ten pin bowling (primrose)

14:30 Domino Club (M)

## 3 SAT

10:00 Lights Camara Action presents Mr Holmes In Honeysuckle Lounge (M)

11:00 Don't drop a stitch Club Knit and natter

15:00 Isle Court Happy Hour Smoothies and mocktails In a lounge near you (M)

## 4 SUN

10:30 Stop the Press Round up of the week news

1:15 Song of Praise on BBC1

15:00 The Music Box - Join your friends and listen to Dusty Springfield on the Alexa in Isle lounge/ primrose (M)

## 5 MON

10:30 Early bird walking club (M)

11:00 table top air hockey (primrose)

15:00 Entertainment Singer Paul Watkins (M)

## 6 TUES

10:30 Early bird walking club (M)

11:30 Holy Communion Isle Lounge (M)

14:30 Wellbeing afternoon Relax with Aromatherapy and music (M) Bluebell/ primrose

## 7 WEDS

10:30 Early bird walking club (M)

11:00 Magic table

11:30 Residents Meeting all residents' welcome

15:00 China Cup Tea Room Afternoon tea (M)

## 8 THURS

10:30 Songbird Choir Sing-a- long (M)

14:30 Crafty Crafters World Ocean Day, making shell boxes

14:30 World Ocean Day Sensory shells in the sand Primrose (M)

## 9 FRI

10:30 Early bird walking club (M)

11:30 Pride Month. What is LGBTQ+

14:30 Boxing fit - Fun light exercise with Debbie (M)

## 10 SAT

10:00 Lights Camara Action presents The War Bride In Honeysuckle Lounge (M)

11:00 Don't drop a stitch! Club Knit and natter

15:00 Isle Court Happy Hour Smoothies and mocktails In a lounge near you (M)

## 11 SUN

10:30 Stop the Press Round up of the week news

1:15 Song of Praise on BBC1

15:00 The Music Box Join your friends and listen to your favourite music on the Alexa in Isle Lounge/ Primrose (M)

## 12 MON

10:30 Early bird walking club (M)

11:30 Seated football Primrose (M)

14:30 Feel the music (Seated exercise) (M) Isle lounge

## 13 TUES

10:30 Early bird walking club (M)

11:00 magic table

14:00 Isle shop open

14:30 Flour and Butter Club making yummy fudge (M)

## 14 WEDS

10:30 Early bird walking club (M)

11:00 Crafty Crafters Paint a picture together Primrose (M)

15:00 China Cup Tea Room Afternoon tea (M)

## 15 THURS

10:30 Songbird Choir Sing-a- long (M)

Morning Individual Activities (room) (M)

14:00 Isle Court Tours Beer Day Trip to the pub for beer tasting

## 16 FRI

Debbie will be at Radbrook

10:30 Early bird walking club (M)

11:00 Parachute fun primrose (M)

14:30 The Board Room - A selection of board game

Coffee lounge

## 17 SAT

10:00 Lights Camara Action presents Singing in the rain In Honeysuckle Lounge (M)

11:00 Don't drop a stitch Club Knit and natter

15:00 Isle Court Happy Hour Smoothies and mocktails In a lounge near you (M)

## 18 SUN

10:30 Stop the Press Round up of the week news

1:15 Song of Praise on BBC1

15:00 The Music Box Join your friends and listen to Louis Armstrong on the Alexa in Isle lounge/ primrose (M)

## 19 MON

10:30 Early bird walking club (M)

11:30 - Badminton Primrose (M)

14:30 Feel the music (Seated exercise) (M) Isle lounge

## 20 TUES

10:30 Early bird walking club (M)

11:00 Isle Court Tours - Picnic trip lunch

14:00 Isle shop open

## 21 WEDS

10:30 Early bird walking club (M)

11:00 Primrose sing- a long (M)

15:00 China Cup Tea Room Afternoon tea (M)

## 22 THURS

10:30 Songbird Choir Sing-a- long (M)

14:30 Your starter for ten Quiz in Bluebell lounge

14:30 Word fun (primrose)(M)

## 23 FRI

10:30 Early bird walking club (M)

Morning Individual Activities (rooms) (M)

15:00 Grape Club English Wine week (M)

## 24 SAT

10:00 Lights Camara Action presents In Honeysuckle Lounge (M)

11:00 Don't drop a stitch Club Knit and natter

15:00 Isle Court Happy Hour Smoothies and mocktails In a lounge near you (M)

## 25 SUN

10:30 Stop the Press Round up of the week news

1:15 Song of Praise on BBC1

15:00 The Music Box Join your friends and listen to The Beatles on the Alexa in Isle lounge/ primrose (M)

## 26 MON

10:30 Early bird walking club (M)

11:30 Men in Shed Wood work

14:30 Feel the music (Seated exercise) (M) Isle lounge

## 27 TUES

10:30 Early bird walking club (M)

12:30 back to the 70's Chicken in a basket Lunch followed by two little ducks' bingo at 14:30

14:00 Isle Shops open

## 28 WEDS

10:30 Early bird walking club (M)

11:30 Primrose sing a long (M)

15:00 China Cup Tea Room Afternoon tea (M)

## 29 THURS

10:30 Songbird Choir Sing-a- long (M)

14:30 Picture word fun (M) Primrose

14:30 Isle Court putting Green. Who fancies a hole or two than back to the 19<sup>th</sup> for a drink (M)

## 30 FRI

10:30 Early bird walking club (M)

Morning Individual Activities (room) (M)

14:30 charades Bluebell lounge (M)