

Activities in March

1 WEDS AM What's in the news & Potato stamping (m) PM St David's day Afternoon tea/ Quiz All households	2 THURS AM What's in the news & Sensory stimulation-sound (m) PM Fab Fit & Fun gentle exercise & music therapy (m)	3 FRI AM Wordsearches Foot Spas & Manicures(M) PM Create your own Milkshakes All households	4 SAT AM Morning papers & Music Therapy (m) PM Homemade Bird feeders Adult colouring(m)
5 SUN AM Coffee Morning & Bean bag toss(m) PM Sensory stimulation-Taste(m), General knowledge quiz & a glass of your favourite tipple	6 MON AM What's in the news? Sensory stimulation - Visual(m) PM Bingo & Nibbles Spring Crafts(m) Lights therapy(m)	7 TUES AM Manicures & Hand massages (m) PM Quiz Time - Visual famous Faces Singalongs with Mandy(M)	8 WEDS AM What's in the news & Watercolour Painting (m) PM Looking at important women for international women's day, Baking Club - Baking Biscuits (m)
9 THURS AM What's in the news & Music therapy(m) PM Gardening Club-Potting summer bulbs Household tasks (m)	10 FRI AM Sensory Stimulation - Touch (m), Resident's meeting, Coffee morning - Maple lounge PM Oldbury Grange Cruft's dog show - All welcome	11 SAT AM What's in the news? Sensory stimulation-Sound (m) PM Matching pairs & Movement to music(m)	12 SUN AM What's in the news? Church service on tv PM Relax & unwind to Andrew Rieu On Alexa All households
13 MON AM Balloon Tennis(m) Social calls PM Flower arranging Garden Walks (m)	14 TUES AM What's in the news? iPad Activities(m) PM St Patrick's Day Crafts at the 'Crafty corner' Tipples & Nibbles (m)	15 WEDS AM What's in the news? Movement to music Music(m) PM Nutrition & hydration day - Fruit platters & smoothie Shakes Sensory Stimulation-taste (m)	16 THURS AM Social calls Music therapy & Light therapy Singalongs (m) PM Fab fit & fun gentle exercise- All households

17 FRI AM Topping Up Bird Feeders, Sensory hand massages(m) PM St Patrick's Day entertainment with Tom Byrne acoustic All welcome	18 SAT AM Morning papers Jigsaws(m) PM Adult Colouring & Sensory Stimulation-Visual (m)	19 SUN AM Relaxation & unwind, listening to songs from the musicals on Alexa PM Mothering Sunday afternoon tea All households	20 MON AM Social calls, Sensory stimulation- Sound (M) PM Gardening Club-Tea cup planters, Moulding dough with essential oils(m)
21 TUES AM Manicures & hand massages PM Dennis & his guitar(m) Room visits	22 WEDS AM What's in the news & Social calls(m) PM Dominoes Club Pottery Club(m)	23 THURS AM Church service & communion - all households PM Knit & natter club Garden Walks (m)	24 FRI Shopping trip to Telford town centre 3.00 Mastermind Quiz - Isle lounge
25 SAT AM Puzzle Morning - Word Searches & Crosswords Singalongs(m) PM Scrabble Club Ring toss (m)	26 SUN AM What's in the news? Church service on tv PM Relax and unwind - listening to the Carpenters on Alexa All households	27 MON AM Coffee morning & singalongs(m) PM Making coleslaw for tea Walks around the garden	28 TUES AM What's in the news? Get Active - Ball games(m) PM Game of Boules & Household tasks (m)
29 WEDS AM What's in the news? Flower arranging (m) PM Bingo Bread Making(m)	30 THURS AM What's in the news? Sensory stimulation-touch (m) PM Snakes and Ladders-Giant floor Game Movement to music (m)	31 FRI AM Social calls Parachute games (m) PM Scrabble club Sensory stimulation Taste (m)	

Key dates for your diary



Oldbury Grange
Cruft's Show
on the 10th



Shopping Trip on the 24th

Don't forget

Pamper mornings
Tuesday 7th
Tuesday 21st



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