

Activities in March

1 WEDS 10:30 Early Bird Walking Club, St David's Day themed lunch followed by afternoon games and crafting (M).	2 THURS 10:00 Early Bird Walking Club, 10.30 Song Bird Choir(M), 2.30 Magic Show with Alex and George (father and son).	3 FRI 10:30 Early Bird Walking Club, 11:30 Reminiscent Activity - Childhood Holidays (M), 2.30 Crafting with Debbie - Butterfly making for the wishing tree, 2.30 Crafting with Grace - Butterfly Making for the windows Primrose.	4 SAT 10:30 Morning News Round(M), 11.00 Puzzle Morning - Word Search fun. All lounges (M), 3.00 Knit and Natter Bluebell lounge.
5 SUN 1.15 Songs of Praise, Sunday Afternoon Film Screening, 2.30 Join Elvis in the Isle court lounge/ primrose on Alexa (M).	6 MON 10:30 Morning News Round (M), 11:00 Primrose word fun(M), 2:30 Seated Yoga - Isle lounge(M).	7 TUES 10:30 Early Bird Walking Club, 11.30 Holy Communion, 2.00 Isle Court shop will be open, 2.30 Board Games bluebell/ primrose lounge.	8 WEDS 10:30 Early Bird Walking club, 11.00 Parachute, Fun in Primrose (M), 2.30 Sensory walk in Primrose Court yard(M), 4:00 High Tea(M).
9 THURS 10:30 Morning News Round(M), 10.30 Song Bird Choir (M) , 2.30 Individual Activities (M).	10 FRI 10.30 Early Bird Walking Club, 11.00 Dominos Club - Primrose (M), 2.30 Crafting Club - Crufts themed collage (M).	11 SAT 10:30 Morning News Round, 3.00 Board Games bluebell/ primrose lounge(M).	12 SUN 1.15 Songs of Praise, Sunday Afternoon Film, 3.00 Join your friends in the Isle court lounge/ primrose lounge to play your favourite tunes (M).
13 MON 10:30 Morning News Round(M), 11.00 Primrose Crafting Club - Spring Equinox, 2:30 Movement to music Isle lounge.	14 TUES 10:30 Early Bird Walking Club, 11.00 Sing a Long Primrose(M), 2.30 Isle Court shop will be open, 2.30 Scrabble Club.	15 WEDS Early Bird Walking Club 11:00, What's in the bag?! - Memory activity 2.00 Individual Activities (M), 4:00 High tea.	16 THURS 10:00 Early Bird Walking Club, 10.30 Song Bird Choir(M), 2:30 Oranges and lemons - Making shortbread and Orange and lemonade(M).

17 FRI 10:30 Early Bird Walking Club, St Patricks Day themed lunch followed by afternoon games and crafting (M).	18 SAT 10:30 Morning News Round, 3.00 Tea Cakes at Bluebell Lounge.	19 SUN 1.15 Songs of Praise(M), 12:30 Mothering Sunday Lunch, Sunday Afternoon Film, 2.30 Join Tom Jones for a sing along in Isle lounge/ primrose on Alexa.	20 MON 11:00 Pamper Morning, 11:30 Outside Ball games, walking and wheelchair football (M), 3.00 Sing along with Singer - Paul Watkins (M).
21 TUES 10:30 Early Bird Walking Club, 11:00 Brunch Club Primrose, 2.00 Isle Court shop will be open, 2:30 World Poetry Day - have a go at writing your own poem.	22 WEDS 10:30 Early Bird Walking Club, 11:00 Boxing Fit - Primrose, 2.00 Individual Activities 2.30 Giant Kerplunk - Test your whit's primrose, 4.00 High tea.	23 THURS 10.30 Song Bird Choir 11:30, Big Floor games (M), 2.30 Movement to Music - Isle lounge.	24 FRI 10.30 Morning News Round(M), 11:30 National Button Week - Button Bowl Crafting, 2.30 Word Quiz - Primrose Lounge.
25 SAT 10:30 Morning News Round, 11.00 Therapy Colouring, 3.00 Knit and Natter - Bluebell lounge.	26 SUN 1.15 Songs of Praise Sunday Afternoon Film, 2.30 Diana Ross's Birthday -Celebrate with a sing a long of Diana Ross's hits in the Isle lounge or Primrose.	27 MON 10:30 Early bird Walking Club, 11:00 Pamper and Relax Morning, 2.30 Boxing Fit - Gentle Seated Boxing.	28 TUES 10:30 Early Bird Walking Club. 11:00 Sing a long - Primrose, 2.00 Isle Court Shop will be open. 2.30 Scrabble Club -Bluebell Lounge, 2.30 Big Board Scrabble -Primrose lounge.
29 WEDS 10:30 Early Bird Walking Club, 11:00 Tickle your tastebuds - Sweet and Sour (M), 2.00 Individual Activities (M), 4:00 high tea .	30 THURS 10:30 Song Bird Choir(M), 11.00 Therapy Colouring, 2.30 Residents Meeting - All welcome,	31 FRI 10:30 Early Bird Walking Club, 11:00 Men in Sheds Club - Building a tower. How high can we go? 2:30 The Big Debate - Isle lounge, 2.30 Name that Tune - Guess the tv theme tune.	

Key dates for your diary

Early Bird Walking Clubs - 10.30am



Magic Show on the 2nd, 2.30pm



HAPPY
St. Patrick's
DAY

St. Patricks Day on the 17th

Don't forget

Pamper morning Monday 20th



Fire Alarm Test every Tuesday 2pm



Your wifi code is 1A2B3C4D5E6F