

Activities in March

1 WEDS 10:30-11:30 -One to One Visits – Ercall (M), 11:45-12:45 -Morning Walks – Bowring Park, 2:30-3:30 -Afternoon Tea – Alice in Wonderland Themed, 4-5pm - Care Centre Cinema (Wrekin Ground Floor Lounge) – Alice in Wonderland!	2 THURS World Book Day, 10:30-11:30 -Poetry Club – Reminiscent poetry and short story reading, 11:45-12:45 -Craft Club – Personalised bookmark making! (M), Blind date with a book! , 2:30-3:30 -Captain Webb Primary visit to do a reading!	3 FRI World Wildlife Day! 10:30-11:30 -Morning Nature Walk in the park 11:45-12:15 -Animal Quiz! 14:30 – David Attenborough Animal Documentary 15:00-15:45 -Bird Spotting in the park (M)	4 SAT 10:30-11:30 -Wake up with Music! 11:30-12:15 -Morning News, 14:30-15:30 -Jenga! 15:30 – Care Centre Cinema (Wrekin Ground Floor Lounge) – Western!
5 SUN 10:30 -Garden walk 13:15 -Songs of Praise. 14:30 -Clay Modelling 15:30 -Cuppa, Cake & a Chat	6 MON 10:30-11:30 Get Active with George Buckley Sports (M) 11:45-13:15 -Manicure Monday! – Let’s get those nails looking fabulous! 13:45-2:20 Dominoes Club 2:30-4pm - Poetry Club – Poetry & Short Story Reading!	7 TUES 10:30-11:30 One to One visits – Wellington 11:45-13:00 -Movement to Music! (M) 13:45-2:20 - Table Ice Hockey! 2:30-4pm - Let’s Bake – Flapjack!	8 WEDS 10:30-11:30 -One to One visits – Wrekin 11:45-12:30 -Inspirational Woman – Lets reminisce and discuss the women who have inspired us. 14:30-15:30 -International Women’s Day Afternoon Tea! 15:30 - Care Centre Cinema) – Little Women
9 THURS 10:30 -11:30 -Coffee Morning (M) 12:30-13:30 -Pub Lunch! 14:00-15:00 -Jigsaw Thursday - Join in piecing together a Train jigsaw. 15:00-16:00 -Care Centre Choir	10 FRI 10:30-11:30 -Springtime Garden Walk, 11:45-12:45 -Seesaw Catapult Quiz! Win a Prize! 13:30-14:15 - Friday Board Game/ puzzle Afternoon! 14:30-15:30 - Poetry Club – Poetry & Short Story reading	11 SAT 10:30 – Morning News 12:00 -Wordsearch/ Crosswords. 14:00 - Relax and Unwind with Deep breathing guided meditation. 18:00 - Care Centre Cinema (Wrekin Ground Floor Lounge) – Romcom	12 SUN 10:30 -Wake up with Music. 12:00 -Cuppa, Cake & a Chat 13:15 -Songs of Praise 15:00 -Garden Walk
13 MON 10:30-11:30 -Manicure Monday, 11:45-12:45 - Flower arranging, 2:30pm - Get Active with George Buckley -Sports 15:30-16:30 - Relax and Unwind with Deep Breathing Guided Meditation	14 TUES 10:30-11:30 -One to One Visits – Ercall (M) 11:45-12:45 -Hoop Ball! 14:30-15:30 -Movement to Music 15:30-16:30 -Cuppa & a Chat	15 WEDS 10:30-11:30 -One to One Visits – Ruby 11:45-12:15 -Bean Bag Toss! Catch it if you can! (M) 12:30-13:00 -Spot the Difference Puzzle 14:30-15:30 -Afternoon Tea	16 THURS 10:30-11:30 -Coffee Morning 11:45-12:45 -Wordsearch Time! 13:00-14:00 -Café Lunch 2:30-3:30pm -Care Centre Choir

17 FRI 10:30-11:30 -Craft Club – St Patrick’s Day Crafts (M) 11:30-12:30 -Submerge into Celtic music! (M) 13:00-14:30 -Cocktails & Mocktails Trolley! 15:00-16:00 -St Patrick’s Day Bingo!	18 SAT 10:30 - Tea & TV 12:00 - Music and Memories. 14:30 - Still Life Drawing – Bouquet of Flowers. 16:00 - Jigsaw Saturday – Floral Garden Jigsaw	19 SUN 10:30-12:00 -Mother’s Day Flower delivery! 12:00-13:00 -Mother’s Day Reminisce & write! 13:00-14:30 -Mother’s Day Picnic – Bowring Park 15:00 -Care Centre Cinema (Wrekin Ground Floor) – The Blind Side	20 MON 10:30-11:30 -Morning Springtime Walk – Spot the daffodils! 11:45-12:45 -Manicure Monday! 14:00-15:00 -Flower pressing 15:00-16:00 -Poetry Club –Spring themed Poetry & Short Story reading
21 TUES 10:30-11:30 -One to One visits – Wellington 11:45-12:45 -Spot the colour difference Quiz! 14:30-15:30 -Movement to Music! (M) 15:30-16:10 -Cuppa, Cake & a Chat	22 WEDS 10:30-11:30 -One to One visits – Wrekin 11:45-13:00 -Balloon Tennis! 14:00-14:45 -80s Music Quiz! 3-4pm -Afternoon Tea (M)	23 THURS 10:30-11:30 -Coffee Morning (M) 11:45-12:45 -Animal Quiz! 14:00-15:00 -Cuddles with puppies! 15:30 - Care Centre Cinema (Wrekin Ground Floor) – Old Yeller (1957)	24 FRI 10:30-11:30 - Go for a Garden Wander! 11:45-12:45 -Activities of Daily Life – Laundry Time(M) 14:00-14:45 -Water & Dye Sensory Activities. 15:00-16:00 -Friday Board Game/puzzle Afternoon!
25 SAT 10am - Wake up to Music! 11-12pm -Dominoes Club 14:30 - Craft Club – Forest Creatures. 18:00 - Care Centre Cinema(Wrekin Ground Floor) – Bond, James Bond.	26 SUN 10am - Morning News 11-12pm -Music Quiz(M) 13:15pm - Songs of Praise. 3pm - Garden Nature Walk	27 MON World Theatre Day- 10:30-11:30 -Manicure Monday! 11:45-12:45 - A reading of Shakespeare’s Hamlet. 14:30-15:30 -Craft Club – Theatrical Mask decorating 16:00 - Virtual Trip to the Theatre - Come immerse yourself in the world of digital Theatre and watch the play of Romeo & Juliet!	28 TUES 10:30-11:30 -One to One Visits – Ruby 11:45-12:45 -Find the number Puzzle! 14:30-15:30 -Movement to Music! 15:30-16:30 -Cuppa, Cake & a Chat
29 WEDS 10:30-11:30 -One to One Visits – Ercall (M) 11:45-12:45 - Activities of Daily Life- Polishing the silver. (M) 2:00-3:00pm - Seated yoga 15:00-16:00pm - Relax and unwind with a cuppa	30 THURS 10:30-11:30 -Coffee Morning 11:45-12:45 -Jigsaw Thursday – Train Jigsaw 13:00-2:00pm -Skittles! – In the Garden 2:30-3:30pm -Care Centre Choir	31 FRI 10:30-11:30 - Garden Nature Walk 11:45-12:45 -Balloon Tennis! 14:30-15:30 -Bingo! 15:30 - Care Centre Cinema (Wrekin Ground Floor) – Carry On Matron!	

Key dates for your diary



International Women’s Day Afternoon Tea, on the 8th, 2.30pm



Virtual Trip to the Theatre, Romeo & Juliet on the 27th, 4pm

Don't forget

Pampering every Monday



Fire Alarm Test every Tuesday 2pm



Your wifi code is 1A2B3C4D5E6F