

January Activities



Date	Morning (AM)	Afternoon (PM)
Sunday 1st	Activity Packs	12:30 New Year’s Day Lunch New Year’s Afternoon Film
Monday 2nd	Morning News and A Cuppa Hairdresser All Day Setting The Tables for Lunch	3.00 Movement to Music
Tuesday 3rd	Morning News and A Cuppa 11.30 Holy Communion	2.00 Shop Is Open
Wednesday 4th	Morning News and A Cuppa Floor Games Primrose	Afternoon Tea
Thursday 5th	Morning News and A Cuppa 10:30 Bluebird Choir	Packing Away Christmas Decorations for Another Year
Friday 6th	Morning News and A Cuppa Magic Table	2.30 Residents Meeting
Saturday 7th	Activity Packs	Afternoon Film. Activity Packs
Sunday 8th	Activity Packs	Activity Packs. 1.15 Songs of Praise
Monday 9th	Morning News and A Cuppa Hairdresser All Day	Domino Club
Tuesday 10th	Morning News and A Cuppa Word Search and Crosswords	2.00 Shop Is Open
Wednesday 11th	Morning News and A Cuppa Board Games	3.00 Tea and Cake in The Isle Lounge
Thursday 12th	Morning News and A Cuppa 10:30 Blue Bird Choir Sing Along with Alexa	Art Relax Therapy All Lounges
Friday 13th	Morning News and A Cuppa Activity Packs	Afternoon At the Flicks
Saturday 14th	Activity Packs	Afternoon Film. Activity Packs
Sunday 15th	Activity Packs	Activity Packs. 1.15 Songs of Praise

Date	Morning (AM)	Afternoon (PM)
Monday 16th	Brew Monday Let Have a Chat with A Cup of Good Tea. Hairdresser All Day	3.00 Blue Monday Let’s Shake Away the Winter Blues
Tuesday 17th	Morning News and A Cuppa Word Fun (Primrose)	2.00 Shop Open
Wednesday 18th	Morning News and A Cuppa Winnie The Pooh Day Arts and Crafts	Winnie The Pooh Themed Afternoon Tea
Thursday 19th	Morning News and A Cuppa 10:30 Blue Bird Choir in The Isle Lounge	International Flower Day. Making Posies and Sharing Them with Other Residents
Friday 20th	Morning News and A Cuppa Chinese New Year Arts and Crafts (Primrose)	12:30 Chinese New Year Lunch 2:30 Chinese New Year Arts and Craft What’s Your Sign
Saturday 21st	Activity Packs	Afternoon Film. Activity Packs
Sunday 22nd	Activity Packs	Activity Packs. 1.15 Songs of Praise
Monday 23rd	Morning News and A Cuppa Hairdresser All Day	3.00 Movement to Music
Tuesday 24th	Morning News and A Cuppa Men In Sheds Club	2.00 Shop Open
Wednesday 25th	Morning News and A Cuppa Scottish Facts and Fun	12:30 Burns Night Lunch Followed By Shortbread and A Wee Dram in The Afternoon
Thursday 26th	Morning News and A Cuppa 10:30 Bluebird Choir	3.00 Grape Club (Cheese and Wine
Friday 27th	Morning News and A Cuppa Brunch Club (Primrose)	3:00 Mastermind Easy Quiz
Saturday 28th	Activity Packs	Afternoon Film. Activity Packs
Sunday 29th	Activity Packs	Activity Packs. 1.15 Songs of Praise
Monday 30th	Morning News and A Cuppa Magic Table. Hairdresser All Day	3.00 Movement to Music
Tuesday 31st	Morning News and A Cuppa Remember When (Primrose)	2.00 Shop Will Be Open