

October Activities

Date	Morning (AM)	Afternoon (PM)
Friday 1st	Morning news and a cuppa. Shopping Trolley will be coming to you	Afternoon singer Country and Western
Saturday 2nd	Activity Packs	Afternoon film. Activity packs
Sunday 3rd	Activity Packs. Sherry social before lunch	Activity packs. 1.15 Songs of Praise
Monday 4th	News and Natter	2.30 Dan the Banjo Man
Tuesday 5th	Social visits in your rooms	2.00 Sue Butler singer
Wednesday 6th	Morning news and a cuppa. Play your cards right	3.00 Afternoon tea
Thursday 7th	Morning news and a cuppa. Hairdresser in all day	1.45 Pilates with Jane Eaton. 5.30 Cheese and Wine Evening
Friday 8th	Morning news and a cuppa. Shopping Trolley coming to you	Sing along with Patsy Cline
Saturday 9th	Activity Packs	Afternoon film. Activity packs
Sunday 10th	Activity Packs	Activity packs. 1.15 Songs of Praise
Monday 11th	News and natter. Word game	2.30 Dan the Banjo Man
Tuesday 12th	Morning news and a cuppa. Knit and chatter	Afternoon big floor games
Wednesday 13th	Social visits to your rooms. Domino Club	3.00 Afternoon tea
Thursday 14th	Morning news and a cuppa. Hairdresser all day. Pamper morning	1.45 Pilates with Jane Eaton. 3.00 perfect pamper fabulous facials
Friday 15th	Morning news and a cuppa. Shopping Trolley coming round to you	Sing along The Rat Pack
Saturday 16th	Activity Packs	Afternoon film. Activity packs
Sunday 17th	Activity Packs	Activity packs. 1.15 Songs of Praise
Monday 18th	News and natter. Board Games	2.30 Dan the Banjo Man
Tuesday 19th	Morning news and a cuppa. Play your cards right	Seated Yoga followed by Relaxation
Wednesday 20th	Morning news and a cuppa. Social visits to your rooms	Paul Watkins coming to entertain us
Thursday 21st	Morning news and a cuppa. Hairdressing all day. Morning Pamper	1.45 Pilates with Jane Eaton. Reminiscence – 'School Days'
Friday 22nd	Morning news and a cuppa. Shopping Trolley coming to your rooms	3.00 Afternoon Tea
Saturday 23rd	Activity Packs	Afternoon film. Activity packs
Sunday 24th	Activity Packs. Sherry social before lunch	Activity packs. 1.15 Songs of Praise
Monday 25th	News and natter. Autumn Leaf Painting	2.30 Dan the Banjo Man
Tuesday 26th	Morning news and a cuppa. Social visit to rooms	Movement to Music followed by Relaxation
Wednesday 27th	Morning news and a cuppa. Knit and Chatter	3.00 Afternoon Tea- joined by residents from Isle Court
Thursday 28th	Morning news and a cuppa. Hairdresser all day	1.45 Pilates with Jane Eaton. Pamper Afternoon
Friday 29th	Morning news and a cuppa. 11.15 Church Service in Cherry Tree Lounge. Shopping Trolley	Sing along with Abba
Saturday 30th	Activity Packs	Afternoon film. Activity packs
Sunday 31st	Activity Packs. Sherry social before lunch	Activity packs. 1.15 Songs of Praise

Don't forget Fire Test - 11am every Tuesday