

January Activities

Date	Morning (AM)	Afternoon (PM)
Friday 1st	Pamper Morning – Time for some relaxation	Crossword Challenge – Challenge yourself to complete a crossword
Saturday 2nd		Flower Arranging –Unwind with some floral art this afternoon.
Sunday 3rd	Book Club Trolley – Your chance to borrow a book from our Library on wheels	Festival of Sleep Day
Monday 4th	Coffee & Chats	National Spaghetti Day – Spaghetti Art
Tuesday 5th	Pamper Morning – Book your appointment at the salon for nails or hair styling	Cr-afternoon
Wednesday 6th	Room Visits –Emily & Rachael comes to say hello	Choir; National Shortbread Day
Thursday 7th	Cat Cuddles	Big Schools Birdwatch Puzzle Mania
Friday 8th	Book Club Trolley – Browse our selection of DVDs and CDs available from our Library	Bingo – Feeling Lucky? Come along to Bingo
Saturday 9th	Resident Socialise	Activity Packs
Sunday 10th	Coffee & Chats	Film
Monday 11th		Nature Walk – Visit the garden for a breath of fresh air
Tuesday 12th	Pamper Morning – Book your appointment at the salon for nails or hair styling	Kiss a Ginger Day
Wednesday 13th	Social Calls – Fancy a chat?	Choir
Thursday 14th		Afternoon Tea
Friday 15th	Book Club Trolley – Time to try something new or renew the book you're still reading!	Bingo
Saturday 16th		World Religion Day
Sunday 17th	Cat Cuddles	Puzzle Mania
Monday 18th	Coffee & Chats	Winnie the Pooh Day
Tuesday 19th	Pamper Morning – Book your appointment at the salon for nails or hair styling	National Popcorn Day
Wednesday 20th	Room Visits	Choir
Thursday 21st	Nature Walk	Squirrel Appreciation Day – Colour Therapy
Friday 22nd	Book Trolley	Bingo
Saturday 23rd	Coffee & Chats	National Pie Day
Sunday 24th	Resident Socialise	Film
Monday 25th		Burns Night
Tuesday 26th	Pamper Morning – Book your appointment at the salon for nails or hair styling	Cr-afternoon
Wednesday 27th	Social Calls – Emily and Rachael make a visit	Choir
Thursday 28th	Coffee Morning	Colour Therapy
Friday 29th	Book Club Trolley – Time to try something new or renew the book you're still reading!	Bingo
Saturday 30th		National Puzzle Day – Puzzle Mania
Sunday 31st		Film Afternoon

Don't forget Fire Test - 11am every Wednesday